

Be Healthy. Get Rewarded.

Earn \$300 between January 1 and December 31, 2026. Here's how:

You have two options to earn \$300 in rewards!

GET A PREVENTIVE EXAM OR CANCER SCREENING

Qualifying exams and screenings:

- Preventive exam
- OB/GYN exam
- Cervical cancer screening (Pap or HPV test)
- Colon cancer screening (may include prescribed at-home testing)
- Mammogram
- Prostate screening
- Skin cancer screening

- Make an appointment with your doctor for your exam or screening. Virtual exams may also qualify.
- If you're enrolled in a Cigna Healthcare® medical plan option, you will automatically qualify for your \$300 reward when your claim is processed.
- If you're enrolled in a Kaiser or HMSA medical option through Disney, print the Preventive Exam Form on Benefits.Disney.com > Wellness Rewards and take it to your doctor's appointment. Once it is submitted to Cigna Healthcare, you will qualify for your \$300 reward.

COMPLETE A JOURNEY ON DISNEY CARECONNECT

Journeys are short, self-guided courses designed to help you build lasting healthy habits in just a few minutes a day. Most courses take an average of 10 days to complete and can easily fit into your daily routine. To get started, follow the steps below:

1. Log in to your Disney CareConnect account on the Evernorth website or mobile app.
2. Click on Explore Wellness & Rewards > Activities > Journeys
3. Find recommended Journeys on the Evernorth home screen.
4. Track the rewards you've earned under Wellness & Rewards.



Disney CareConnect, powered by Evernorth Health Services®, is your all-in-one health and wellness app. Access care, connect with a Disney-savvy Care Guide and earn and track rewards for wellness activities. To get started, visit benefits.disney.com/careconnect.

My Care Checklist tracks your preventive care, including checkups, screenings and vaccinations, and sends reminders so you never miss a visit. Find it on the CareConnect home page > Explore Wellness & Rewards > Health.



Questions?

Call the Disney Benefits Center at **1-800-354-3970**.

Rewards highlights

Who's eligible:

Full-time, U.S.-based Disney Employees and Cast Members plus their spouses/domestic partners who are enrolled in a 2026 Disney medical plan option.

Earning rewards:

Employees and Cast Members can earn \$300 by getting a preventive exam or screening, or by completing a Journey on Disney CareConnect between 1/1/26 and 12/31/26. Spouses/partners can also earn \$300 for a total of \$600.

How rewards are paid:

Your 2026 wellness rewards will be deposited into your health savings account (HSA) or Health Reimbursement Account (HRA) within four to six weeks after they are earned.¹



Don't forget.

Be sure to encourage your spouse or partner to participate too.

1. If you and your spouse/partner both participate, all wellness rewards will be credited to your HSA or HRA. If you both work for Disney and are enrolled separately, rewards will be credited to each individual's account.

ELIGIBILITY: All full-time, U.S.-based (and U.S. expat) Employees, Cast Members and their spouse/domestic partner who are enrolled in a 2026 Disney medical plan option are eligible for the \$300 incentive as a part of the Wellness Rewards Program.

IMPORTANT NOTE: To be eligible to receive wellness rewards, you must be an active employee at the time rewards are paid. This document highlights provisions of and changes to the Wellness Rewards Program as of January 1, 2026. You may or may not be eligible to participate in this program, depending on job status, work location or applicable collective bargaining agreement, as well as whether you are enrolled in a Disney medical option. For a complete description of the program, refer to the Summary Plan Description at Benefits.Disney.com. Disney reserves the right to amend or terminate this program at any time.