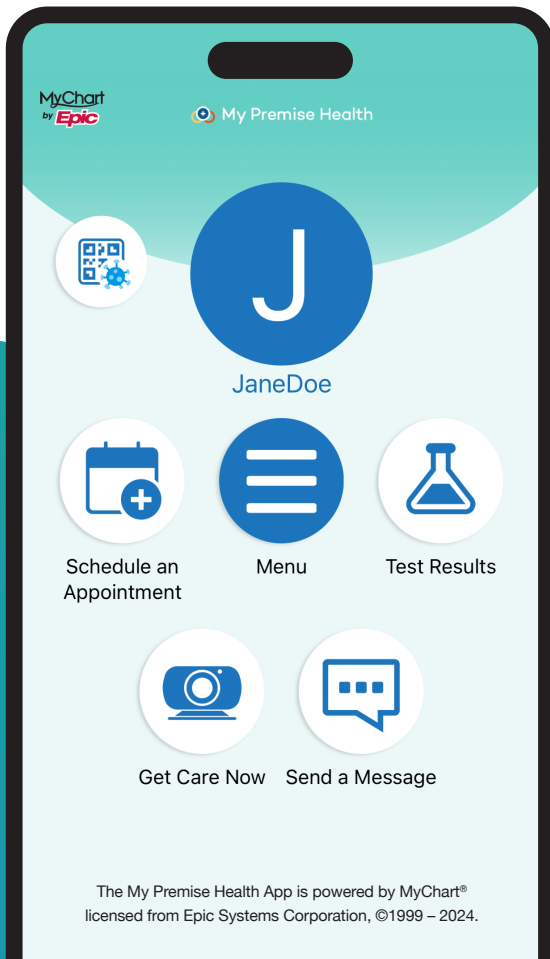


Your next appointment awaits.



It takes seconds to schedule.

1

From your portal dashboard, select “Schedule an appointment.”

2

Choose your appointment type and how you want to be seen (in person, phone or video).

3

Follow the location prompts, then select a provider and an available time that works for you.

4

Note any symptoms, concerns or questions for your provider. You may also need to verify your personal information.

✓

Your appointment is confirmed!
We'll see you soon.



Get started.

Visit mypremisehealth.com or download the **My Premise Health app**.

Who can use the services?

Virtual primary care is open to active eligible Disney employees, Cast Members and covered family members enrolled in a Disney-sponsored Cigna medical plan.



Premise Health.

