

# Preventive Medications Under Consumer Choice

As a highlight of the Consumer Choice medical plan option, these preventive medications are covered as if you had already met the deductible. You'll pay just the 20% coinsurance.

Additional notes:

- Preventive medications help you avoid many illnesses and conditions.
- Some of the medications on this list may also be used for treatment.
- Medications are grouped according to the illnesses and conditions they help prevent and treat.
- Brand names are shown in italics. Generics are shown in bold.
- The medications on this list are reviewed and updated annually.
- This list isn't all-inclusive. Consumer Choice may cover other preventive medications.
- The terms of your health plan ultimately determine coverage, how the criteria apply and cost-sharing.
- To find out more, please call Express Scripts Member Services at 800.375.0596.

\* These medications may be covered at 100 percent under the Affordable Care Act Preventive benefit.

## Anemia in children

Ferrous sulfate liquid drops for infants (such as *Fer-In-Sol*)

## Asthma

*Qvar*

beclomethasone

*Pulmicort*

budesonide

*Alvesco*

ciclesonide

*Arnuity Ellipta*

fluticasone furoate

*Flovent*

fluticasone propionate

*Asmanex*

mometasone

*Singulair*

montelukast

*Accolate*

zafirlukast

*Zyflo*

zileuton

## Bone disease and fractures

*Binosto, Fosamax, Fosamax Plus D*

alendronate

*Miacalcin*

calcitonin

*Xgeva*

denosumab

*Boniva*

ibandronate

*Evista*

raloxifene

*Actonel, Atelvia*

risedronate

*Reclast*

zoledronic acid

*Zometa*

zoledronic acid/mannitol

## Breast cancer recurrence

tamoxifen

*Arimidex*

anastrozole\*

*Aromasin*

exemestane\*

*Femara*

letrozole

## Cancer treatment, side effects from

*Aranesp*

darbepoetin alfa

*Epogen, Procrit, Retacrit*

epoetin alfa

*Mircera*

epoetin beta-methoxy

polyethylene glycol

*Granix, Neupogen, Nivestym,*

*Releuko, Zarxio*

filgrastim

*Mesnex*

mesna

*Fulphila, Neulasta, Nyvepria,*

*Udenyca, Ziextenzo*

pegfilgrastim

*Leukine*

sargramostim

## Cavities

*PreviDent*

sodium fluoride

## Cholesterol-lowering medicines

### HMG-CoA reductase inhibitors:

*Atorvaliq, Lipitor*

atorvastatin\*

*Lescol, Lescol XL*

fluvastatin

*Altoprev, Mevacor*

lovastatin\*

*Livalo, Zypitamag*

pitavastatin

*Pravachol*

pravastatin\*

*Crestor*

rosuvastatin\*

*Flolipid, Zocor*

simvastatin\*

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**Other agents:**

Nexletol  
 bempedopic acid  
 Nexlizet  
 bempedopic acid/ezetimibe  
 Prevalite, Questran  
 cholestyramine  
 Welchol  
 colesevelam  
 Colestid  
 colestipol  
 Repatha  
 evolocumab  
 Zetia  
 ezetimibe  
 Roszet  
 ezetimibe/rosuvastatin  
 Vytorin  
 ezetimibe/simvastatin\*  
 Antara, Fenoglide, Lipofen,  
 Tricor, Triglide  
 fenofibrate  
 Fibracor, Trilipix  
 fenofibric acid  
 Lopid  
 gemfibrozil  
 Vascepa  
 icosapent ethyl  
 Niacor, Niaspan ER  
 niacin  
 Lovaza, Triklo  
 omega-3-acid ethyl esters

**Colonoscopy preparation**

Colyte, Gavilyte, Golytely,  
 Moviprep, Plenvu  
 polyethylene glycol\*  
 Clenpiq, Osmoprep, Suprep  
 sodium phosphate salts

**Depression selective serotonin receptor inhibitors (SSRIs)**

escitalopram  
 fluvoxamine  
 Celexa  
 citalopram  
 Prozac  
 fluoxetine  
 Paxil  
 paroxetine  
 Zoloft  
 sertraline

**Diabetes**
**Insulins:**

Tresiba  
 insulin degludec

Rezvoglar  
 insulin glargine  
 Basaglar  
 Humalog  
 Humulin  
 Levemir  
 Levemir Flextouch  
 Lyumjev  
 Semglee YFGN

**Non-insulins:**

glimepiride  
 glyburide  
 Brenzavvy  
 bexagliflozin  
 Invokana  
 canagliflozin  
 Farxiga  
 dapagliflozin  
 Xigduo XR  
 dapagliflozin/metformin  
 Trulicity  
 dulaglutide  
 Jardiance  
 empagliflozin  
 Glyxambi  
 empagliflozin/linagliptin  
 Trijardy XR  
 empagliflozin/linagliptin/  
 metformin  
 Synjardi, Synjardi XR  
 empagliflozin/metformin  
 Glucotrol  
 glipizide  
 Tradjenta  
 linagliptin  
 Jentadueto, Jentadueto XR  
 linagliptin/metformin  
 Victoza  
 liraglutide  
 Glucophage, Riomet  
 metformin, metformin er  
 Actos  
 pioglitazone  
 Ozempic, Rybelsus  
 semaglutide  
 Januvia  
 sitagliptin  
 Janumet, Janumet XR  
 sitagliptin/metformin

**Estrogen replacement and other hormones**

Premarin  
 conjugated estrogen tablets  
 Duavee  
 conjugated estrogen/  
 bazedoxifene

PremPhase, PremPro  
 conjugated estrogen/  
 medroxyprogesterone  
 Menest  
 esterified estrogen oral  
 Covaryx, Covaryx HS,  
 EEMT, EEMT HS  
 esterified estrogens/  
 methyltestosterone  
 Estrace  
 estradiol tablets  
 Alora, Climara, Dotti, Estraderm,  
 Lyllana, Menostar, Minivelle,  
 Vivelle Dot  
 estradiol transdermal  
 Femring  
 estradiol vaginal insert  
 Divigel, Elestrin, EstroGel  
 estradiol, gel  
 Evamist  
 estradiol, transdermal spray  
 Activella, Amabelz  
 estradiol/norethindrone oral  
 Combipatch  
 estradiol/norethindrone,  
 transdermal  
 Makena  
 hydroxyprogesterone caproate  
 Provera  
 medroxyprogesterone  
 Crinone, Prometrium  
 progesterone

**Gout**

Zyloprim  
 allopurinol  
 Colcrys, Gloperba, Mitigare  
 colchicine  
 Uloric  
 febuxostat

**Gum disease**

Arestin  
 minocycline

**Heart disease and stroke**
**Blood thinner medicines:**

aspirin, 81 mg or 325 mg\*  
 heparin  
 Eliquis  
 apixiban  
 Aggrenox  
 aspirin/dipyridamole  
 Yosprala  
 aspirin/omeprazole  
 Plavix  
 clopidogrel

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*Pradaxa*  
 dabigatrin  
*Fragmin*  
 dalteparin  
*Lovenox*  
 enoxaparin  
*Arixtra*  
 fondaparinux  
*Effient*  
 prasugrel  
*Xarelto*  
 rivaroxaban  
*Brilinta*  
 ticagrelor  
*Zontivity*  
 vorapaxar  
*Coumadin, Jantoven*  
 warfarin

### High blood pressure medicines

#### ACE inhibitors and combinations:

captopril  
 moexipril  
 trandolapril  
*Lotensin, Lotensin HCT*  
 benazepril  
*Vaseretic, Vasotec*  
 enalapril  
*Monopril, Monopril HCT*  
 fosinopril  
*Prinivil, Prinzide, Zestoretic, Zestril*  
 lisinopril  
*Accupril, Accuretic*  
 quinapril  
*Altace*  
 ramipril

#### ACE receptor blockers and combinations:

*Edarbi*  
 azilsartan  
*Edarbyclor*  
 azilsartan/chlorthalidone  
*Atacand, Atacand HCT*  
 candesartan  
*Teveten, Teveten HCT*  
 eprosartan  
*Avalide, Avapro*  
 irbesartan  
*Cozaar, Hyzaar*  
 losartan  
*Benicar, Benicar HCT*  
 olmesartan  
*Micardis, Micardis HCT*  
 telmisartan  
*Diovan, Diovan HCT*  
 valsartan

#### Beta blockers and combinations:

acebutelol  
 pindolol  
*Tenoretic, Tenormin*  
 atenolol  
*Zebeta, Ziac*  
 bisoprolol  
*Trandate*  
 labetalol  
*Dutoprol, Kapspargo, Lopressor,*  
*Toprol XL*  
 metoprolol  
*Corgard*  
 nadolol  
*Corzide*  
 nadolol/bendroflumethazide  
*Bystolic*  
 nebivolol  
*Inderal LA, Inderal XL, InnoPran XL*  
 propranolol

#### Calcium channel blockers:

felodipine  
 isradipine  
 nicardipine  
*Norvasc*  
 amlodipine  
*Cardizem, Cardizem LA, Cartia XT,*  
*Tiazac ER*  
 diltiazem  
*Adalat CC, Procardia*  
 nifedipine  
*Sular*  
 nisoldipine  
*Calan, Verelan*  
 verapamil

#### Diuretics and combinations:

chlorothiazide  
 chlorthalidone  
 hydrochlorothiazide  
 indapamide  
*Midamor*  
 amiloride  
*Zaroxolyn*  
 metolazone  
*Aldactone*  
 spironolactone  
*Dyazide, Maxzide*  
 triamterene/hydrochlorothiazide

#### High blood pressure medicines, miscellaneous:

hydralazine  
*Tekturna, Tekturna HCT*  
 aliskiren and combinations  
*Caduet*  
 amlodipine/atorvastatin  
*Lotrel*  
 amlodipine/benazepril

*Azor*  
 amlodipine/olmesartan  
*Tribenzor*  
 amlodipine/olmesartan/  
 hydrochlorothiazide  
*Twynsta*  
 amlodipine/telmisartan  
*Exforge*  
 amlodipine/valsartan  
*Exforge HCT*  
 amlodipine/valsartan/  
 hydrochlorothiazide  
*Coreg, Coreg CR*  
 carvedilol  
*Catapres, Clorpres*  
 clonidine  
*Cardura*  
 doxazosin  
*Byvalson*  
 nebivolol/valsartan  
*Minipress*  
 prazosin  
*Hytrin*  
 terazosin  
*Tarka*  
 trandolapril/verapamil

#### HIV prevention

*Apretude*  
 cabotegravir  
*Truvada*  
 emtricitabine/tenofovir\*,  
 200 mg/300 mg  
*Descovy*  
 emtricitabine/tenofovir  
 alafenam

#### Infection

#### Antifungals and antiparasitics:

benznidazole  
*Mepro*  
 atovaquone  
*Impavido*  
 miltefosine  
*Lampit*  
 nifurtimox  
*Nebupent, Pentam*  
 pentamidine  
*Noxafil*  
 posaconazole  
**Malaria:**  
 chloroquine  
 mefloquine  
 primaquine  
*Coartem*  
 artemether/lumefantrine

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*Malarone*  
 atovaquone/proguanil  
*Plaquenil*  
 hydroxychloroquine  
*Daraprim*  
 pyrimethamine

**Virus:**

amantadine  
*Zovirax*  
 acyclovir  
*Xofluza*  
 baloxavir  
*Famvir*  
 famciclovir  
*Foscavir*  
 foscarnet  
*Cytovene*  
 ganciclovir  
*Prevymis*  
 letermovir  
*Beyfortus*  
 nirsevimab  
*Tamiflu*  
 oseltamivir  
*Synagis*  
 palivizumab  
*Flumadine*  
 rimantadine  
*Valtrex*  
 valacyclovir  
*Valcyte*  
 valganciclovir  
*Relenza*  
 zanamivir

**Kidney disease,  
 high phosphate levels**

*Eliphos, Phoslyra*  
 calcium acetate  
*Auryxia*  
 ferric citrate  
*Kerendia*  
 finerenone  
*Velphoro*  
 irson sucrose/  
 sucroferric oxyhydroxide  
*Fosrenol*  
 lanthanum  
*Renagel, Renvela*  
 sevelamer

**Migraine prevention**

*Qulipta*  
 atogepant  
*Aimovig*  
 erenumab

*Ajovy*  
 fremanezumab  
*Emgality*  
 galcanezumab

**Nausea and dizziness**

prochlorperazine  
 promethazine  
 trimethobenzamide  
*Emend*  
 aprepitant  
*Anzemet*  
 dolasetron  
*Marinol, Syndros*  
 dronabinol  
*Sancuso*  
 granisetron  
*Antivert*  
 meclizine  
*Zofran, Zofran ODT, Zuplenz*  
 ondansetron  
*Transderm-Scop*  
 scopolamine

**Obesity**

benzphetamine  
 diethylpropion  
*Saxenda*  
 liraglutide  
*Belviq, Belviq XR*  
 lorcaserin  
*Contrave*  
 naltrexone/bupropion  
*Xenical*  
 orlistat  
*Bontril*  
 phendimetrazine  
*Adipex-P, Lomaira*  
 phentermine  
*Qsymia*  
 phentermine/topiramate  
*Wegovy*  
 semaglutide  
*Imcivree*  
 setmelanotide acetate

**Preeclampsia**

aspirin, 81 mg\*

**Pregnancy\***

Birth control medicines  
 taken by mouth

**Birth control devices:**

diaphragms, skin patch systems,  
 injectable birth control,  
 intrauterine systems, and implants

**Smoking-cessation therapy\***

*Zyban*  
 bupropion  
*Nicotrol*  
 nicotine products  
*Chantix*  
 varenicline

**Ulcer disease**
**H2-antagonists:**

cimetidine  
*Pepcid*  
 famotidine  
*Axid*  
 nizatidine  
*Zantac*  
 ranitidine

**Miscellaneous agents:**

*Pylera*  
 bismuth/metronidazole/  
 tetracycline  
*Cytotec*  
 misoprostol  
*Carafate*  
 sucralfate  
**Proton pump inhibitors:**  
*Nexium*  
 esomeprazole  
*Prevacid*  
 lansoprazole  
*Prilosec*  
 omeprazole  
*Protonix*  
 pantoprazole  
*Aciphex*  
 rabeprazole

**Vitamins or minerals,  
 low levels of calcium**

calcium  
 folic acid, 0.4 to 0.8 mg\*  
 iron  
 magnesium  
 multivitamin products  
 potassium bicarbonate/citric acid  
 potassium chloride  
 prescription prenatal vitamins  
 vitamins: A, B, B1, B6, B12, D, K  
 zinc

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