

# Preventive Medications Under Consumer Choice

As a highlight of the Consumer Choice medical plan option, these preventive medications are covered as if you had already met the deductible. You'll pay just the 20% coinsurance.

Additional notes:

- Preventive medications help you avoid many illnesses and conditions.
- Some of the medications on this list may also be used for treatment.
- Medications are grouped according to the illnesses and conditions they help prevent and treat.
- Brand names are shown in italics. Generics are shown in bold.
- The medications on this list are reviewed and updated annually.
- This list isn't all-inclusive. Consumer Choice may cover other preventive medications.
- The terms of your health plan ultimately determine coverage, how the criteria apply and cost-sharing.
- To find out more, please call Express Scripts Member Services at 800.375.0596.

\* These medications may be covered at 100 percent under the Affordable Care Act Preventive benefit.

## Anemia in children\*

*Ferrous sulfate liquid drops for infants (such as Fer-In-Sol)*

## Asthma

*Singulair*  
**montelukast**  
*Accolate*  
**zafirlukast**  
*Zyflo*  
**zileuton**

## Bone disease and fractures

*Fosamax, Fosamax Plus D*  
**alendronate**  
*Miacalcin*  
**calcitonin**  
*Xgeva*  
**denosumab**  
*Boniva*  
**ibandronate**  
*Evista*  
**raloxifene**  
*Actonel, Atelvia*  
**risedronate**  
*Reclast*  
**zoledronic acid**  
*Zometa*  
**zoledronic acid/mannitol**

## Breast cancer recurrence\*

**tamoxifen**  
*Arimidex*  
**anastrozole\***  
*Aromasin*  
**exemestane\***  
*Femara*  
**letrozole**

## Cancer treatment, side effects from

*Aranesp*  
**darbepoetin alfa**  
*Epogen, Procrit, Retacrit*  
**epoetin alfa**  
*Mircera*  
**epoetin beta-methoxy polyethylene glycol**  
*Granix, Neupogen, Nivestym, Zarxio*  
**filgrastim**  
*Depo-Provera*  
**medroxyprogesterone**  
*Mesnex*  
**mesna**  
*Fulphila, Neulasta, Udenyca, Ziextenzo*  
**pegfilgrastim**  
*Leukine*  
**sargramostim**

## Cavities

*PreviDent*  
**sodium fluoride\***

## Cholesterol-lowering medicines

### HMG-CoA reductase inhibitors:

*Lipitor*  
**atorvastatin\***  
*Lescol, Lescol XR*  
**fluvastatin**  
*Atoprev, Mevacor*  
**lovastatin\***  
*Livalo, Zypitamag*  
**pitavastatin**  
*Pravachol*  
**pravastatin\***  
*Crestor*  
**rosuvastatin\***  
*Flolipid, Zocor*  
**simvastatin\***

### Other agents:

*Prevalite, Questran*  
**cholestyramine**  
*Welchol*  
**colesevelam**  
*Colestid*  
**colestipol**  
*Zetia*  
**ezetimibe**

\* These medications may be covered at 100 percent under the Affordable Care Act Preventive benefit. To find out more, please call Express Scripts Member Services at 800.375.0596.

All rights in the product names of all third-party products appearing here, whether or not appearing with the trademark symbol, belong exclusively to their respective owners.



Vytorin  
ezetimibe/simvastatin\*  
Antara, Fenoglide, Lipofen,  
Tricor, Triglide  
fenofibrate  
Fibricor, Trilipix  
fenofibric acid  
Lopid  
gemfibrozil  
Niacor, Niaspan ER  
niacin  
Lovaza, Triklo  
omega-3-acid ethyl esters

## Colonoscopy preparation\*

Colyte, Golytely, Halflytely,  
Moviprep, Nulytely, Plenvu, Trilyte  
polyethylene glycol  
Osmoprep, Suprep  
sodium phosphate salts

## Diabetes

### Insulins

Basaglar  
Humalog  
Humulin  
Lantus  
Lantus Solostar  
Levemir  
Levemir Flextouch  
Lyumjev

### Non-Insulins

Avandia  
rosiglitazone  
Farxiga  
dapagliflozin  
Xigduo XR  
dapagliflozin/metformin  
Trulicity  
empagliflozin  
Jardiance  
meclizine  
Glyxambi  
empagliflozin/linagliptin  
Synjardi, Synjardi XR  
empagliflozin/metformin  
Tradjenta  
linagliptin  
Jentadueto  
linagliptin/metformin  
Glucophage  
metformin, metformin ER

## Estrogen replacement and other hormones

Premarin  
conjugated estrogen tablets  
Duavee  
conjugated estrogen/ bazedoxifene  
PremPhase, PremPro  
conjugated estrogen/  
medroxyprogesterone  
Estrace  
estradiol tablets  
Alora, Climara, Estraderm,  
Vivelle Dot  
estradiol transdermal  
Divigel  
estradiol, gel  
Evamist  
estradiol, transdermal spray  
Combipatch  
estradiol/norethindrone, transdermal  
Makena  
hydroxyprogesterone caproate  
Provera  
medroxyprogesterone  
Crinone, Prometrium  
progesterone

## Gout

Zyloprim  
allopurinol  
Colcrys, Mitigare  
colchicine  
Uloric  
febuxostat

## Gum disease

Arestin  
minocycline

## Heart disease and stroke

### Blood thinner medicines:

aspirin, 81 mg or 325 mg\*  
heparin  
Eliquis  
apixiban  
Aggrenox  
aspirin/dipyridamole  
Plavix  
clopidogrel  
Pradaxa  
dabigatrin  
Fragmin  
dalteparin

Lovenox  
enoxaparin  
Arixtra  
fondaparinux  
Effient  
prasugrel  
Xarelto  
rivaroxaban  
Brilinta  
ticagrelor  
Zontivity  
vorapaxar  
Coumadin, Jantoven  
warfarin

## High blood pressure medicines

### ACE inhibitors and combinations:

captopril  
moexipril  
trandolapril  
Lotensin, Lotensin HCT  
benazepril  
Vaseretic, Vasotec  
enalapril  
Monopril, Monopril HCT  
fosinopril  
Prinivil, Prinzide, Zestoretic, Zestril  
lisinopril  
Accupril, Accuretic  
quinapril  
Altace  
ramipril

### ACE receptor blockers and combinations:

Edarbi  
azilsartan  
Edarbyclor  
azilsartan/chlorthalidone  
Atacand, Atacand HCT  
candesartan  
Teveten, Teveten HCT  
eprosartan  
Avalide, Avapro  
irbesartan  
Cozaar, Hyzaar  
losartan  
Benicar, Benicar HCT  
olmesartan  
Micardis, Micardis HCT  
telmisartan  
Diovan, Diovan HCT  
valsartan

\* These medications may be covered at 100 percent under the Affordable Care Act Preventive benefit. To find out more, please call Express Scripts Member Services at 800.375.0596.

All rights in the product names of all third-party products appearing here, whether or not appearing with the trademark symbol, belong exclusively to their respective owners.

## Beta blockers and combinations:

acebutelol  
 pindolol  
*Tenoretic, Tenormin*  
 atenolol  
*Zebeta, Ziac*  
 bisoprolol  
*Trandate*  
 labetalol  
*Kapspargo, Lopressor, Toprol XL*  
 metoprolol  
*Corgard*  
 nadolol  
*Corzide*  
 nadolol/bendroflumethazide  
*Bystolic*  
 nebivolol  
*Inderal LA, InnoPran XL*  
 propranolol

## Calcium channel blockers:

felodipine  
 isradipine  
 nifedipine  
*Norvasc*  
 amlodipine  
*Cardizem, Cardizem LA, Cartia XT, Tiazac ER*  
 diltiazem  
*Adalat CC, Procardia*  
 nifedipine  
*Sular*  
 nisoldipine  
*Calan, Verelan*  
 verapamil

## Diuretics and combinations:

hydrochlorothiazide  
 indapamide  
*Midamor*  
 amiloride  
*Zaroxolyn*  
 metolazone  
*Aldactone*  
 spironolactone  
*Dyazide, Maxzide*  
 triamterene/hydrochlorothiazide

## High blood pressure

### medicines, miscellaneous:

hydralazine  
*Tekturna, Tekturna HCT*  
 aliskiren and combinations  
*Caduet*  
 amlodipine/atorvastatin

*Lotrel*  
 amlodipine/benazepril  
*Azor*  
 amlodipine/olmesartan  
*Tribenzor*  
 amlodipine/olmesartan/  
 hydrochlorothiazide  
*Twynsta*  
 amlodipine/telmisartan  
*Exforge*  
 amlodipine/valsartan  
*Exforge HCT*  
 amlodipine/valsartan/  
 hydrochlorothiazide  
*Coreg, Coreg CR*  
 carvedilol  
*Catapres, Clorpres*  
 clonidine  
*Cardura*  
 doxazosin  
*Minipress*  
 prazosin  
*Hytrin*  
 terazosin  
*Tarka*  
 trandolapril/verapamil

## HIV

*Truvada*  
 emtricitabine/tenofovir\*  
 200mg/300mg

## Infection

### Fungal:

*Mepron*  
 atovaquone  
*Nebupent, Pentam*  
 pentamidine  
*Noxafil*  
 posaconazole

### Malaria:

chloroquine  
 mefloquine  
 primaquine  
*Coartem*  
 artemether/lumefantrine  
*Malarone*  
 atovaquone/proguanil  
*Plaquenil*  
 hydroxychloroquine  
*Daraprim*  
 pyrimethamine

## Virus:

amantadine  
*Zovirax*  
 acyclovir  
*Zofluz*  
 baloxavir  
*Famvir*  
 famciclovir  
*Foscavir*  
 foscarnet  
*Cytovene*  
 ganciclovir  
*Prevymis*  
 letermovir  
*Tamiflu*  
 oseltamivir  
*Synagis*  
 palivizumab  
*Valtrex*  
 valacyclovir  
*Valcyte*  
 valganciclovir  
*Relenza*  
 zanamivir

## Kidney disease, high phosphate levels

*Eliphos, Phoslyra*  
 calcium acetate  
*Fosrenol*  
 lanthanum  
*Renagel, Renvela*  
 sevelamer

## Nausea and dizziness

prochlorperazine  
 promethazine  
 trimethobenzamide  
*Emend*  
 aprepitant  
*Anzemet*  
 dolasetron  
*Marinol*  
 dronabinol  
*Sancuso*  
 granisetron  
*Antivert*  
 meclizine  
*Zofran, Zofran ODT, Zuplenz*  
 ondansetron  
*Transderm-Scop*  
 scopolamine

\* These medications may be covered at 100 percent under the Affordable Care Act Preventive benefit. To find out more, please call Express Scripts Member Services at 800.375.0596.

All rights in the product names of all third-party products appearing here, whether or not appearing with the trademark symbol, belong exclusively to their respective owners.

## Obesity

benzphetamine  
 diethylpropion  
*Saxenda*  
 liraglutide  
*Belviq, Belviq XR*  
 lorcaserin  
*Contrave*  
 naltrexone/bupropion  
*Xenical*  
 orlistat  
*Bontril*  
 phendimetrazine  
*Adipex-P, Lomaira*  
 phentermine  
*Qsymia*  
 phentermine/topiramate

## Preeclampsia

aspirin, 81 mg

## Pregnancy\*

Birth control medicines  
 taken by mouth

### Birth control devices:

diaphragms, skin patch systems,  
 injectable birth control,  
 intrauterine systems, and implants

## Smoking-cessation therapy\*

*Zyban*  
 bupropion  
*Nicotrol*  
 nicotine products  
*Chantix*  
 varenicline

## Ulcer disease

### H2-antagonists:

cimetidine  
*Pepcid*  
 famotidine  
*Axid*  
 nizatadine  
*Zantac*  
 ranitidine

### Miscellaneous agents:

*Pylera*  
 bismuth/metronidazole/  
 tetracycline  
*Carafate*  
 sucralfate  
**Proton pump inhibitors:**  
*Dexilant*  
 dexlansoprazole  
*Nexium*  
 esomeprazole  
*Prevacid*  
 lansoprazole  
*Prilosec*  
 omeprazole  
*Protonix*  
 pantoprazole  
*Aciphex*  
 rabeprazole

## Vitamins or minerals, low levels of calcium

calcium  
 folic acid, 0.4 to 0.8 mg\*  
 iron\*  
 magnesium  
 multivitamin products  
 potassium bicarbonate/citric acid  
 potassium chloride  
 prescription prenatal vitamins  
 vitamins: A, B, B1, B6, B12, D, K  
 zinc

\* These medications may be covered at 100 percent under the Affordable Care Act Preventive benefit.  
 To find out more, please call Express Scripts Member Services at 800.375.0596.

All rights in the product names of all third-party products appearing here, whether or not appearing with the trademark symbol, belong exclusively to their respective owners.

Express Scripts manages your prescription benefit for Disney.



© 2020 Express Scripts. All Rights Reserved. Express Scripts and the E Logo are trademarks of Express Scripts Strategic Development, Inc. All other trademarks are the property of their respective owners.  
 CRP2010\_004805.1 OT2010\_004805B