

# Preventive Medications Under Consumer Choice

As a highlight of the Consumer Choice medical plan option, these preventive medications are covered as if you had already met the deductible. You'll pay just the 20% coinsurance.

Additional notes:

- Preventive medications help you avoid many illnesses and conditions.
- Some of the medications on this list may also be used for treatment.
- Medications are grouped according to the illnesses and conditions they help prevent and treat.
- Brand names are shown in italics. Generics are shown in bold.
- The medications on this list are reviewed and updated annually.
- This list isn't all-inclusive. Consumer Choice may cover other preventive medications.
- The terms of your health plan ultimately determine coverage, how the criteria apply and cost-sharing.
- To find out more, please call Express Scripts Member Services at 800.375.0596.

\* These medications may be covered at 100 percent under the Affordable Care Act Preventive benefit.

## Anemia in children

Ferrous sulfate liquid drops for infants (such as *Fer-In-Sol*)

## Asthma

*Singulair*  
montelukast  
*Accolate*  
zafirlukast  
*Zyflo*  
zileuton

## Bone disease and fractures

*Binosto, Fosamax, Fosamax Plus D*  
alendronate  
*Miacalcin*  
calcitonin  
*Xgeva*  
denosumab  
*Boniva*  
ibandronate  
*Evista*  
raloxifene  
*Actonel, Atelvia*  
risedronate  
*Reclast*  
zoledronic acid  
*Zometa*  
zoledronic acid/mannitol

## Breast cancer recurrence

tamoxifen  
*Arimidex*  
anastrozole\*  
*Aromasin*  
exemestane\*  
*Femara*  
letrozole

## Cancer treatment, side effects from

*Aranesp*  
darbepoetin alfa  
*Epogen, Procrit, Retacrit*  
epoetin alfa  
*Mircera*  
epoetin beta-methoxy polyethylene glycol  
*Granix, Neupogen, Nivestym,*  
*Releuko, Zarxio*  
filgrastim  
*Depo-Provera*  
medroxyprogesterone  
*Mesnex*  
mesna  
*Fulphila, Neulasta, Nyvepria,*  
*Udenyca, Ziextenzo*  
pegfilgrastim

*Leukine*  
sargramostim

## Cavities

*PreviDent*  
sodium fluoride\*

## Cholesterol-lowering medicines

### HMG-CoA reductase inhibitors:

*Lipitor*  
atorvastatin\*  
*Lescol, Lescol XL*  
fluvastatin  
*Altoprev, Mevacor*  
lovastatin\*  
*Livalo, Zypitamag*  
pitavastatin  
*Pravachol*  
pravastatin\*  
*Crestor*  
rosuvastatin\*  
*Flolipid, Zocor*  
simvastatin\*

### Other agents:

*Prevalite, Questran*  
cholestyramine  
*Welchol*  
colesevelam

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*Colestid*  
colestipol

*Zetia*  
ezetimibe

*Roszet*  
ezetimibe/rosuvastatin

*Vytorin*  
ezetimibe/simvastatin\*

*Antara, Fenoglide, Lipofen, Tricor, Triglide*  
fenofibrate

*Fibracor, Trilipix*  
fenofibric acid

*Lopid*  
gemfibrozil

*Vascepa*  
icosapent ethyl

*Niacor, Niaspan ER*  
niacin

*Lovaza, Triklo*  
omega-3-acid ethyl esters

### Colonoscopy preparation

*Colyte, Gavilyte, Golytely, Moviprep, Plenvu*  
polyethylene glycol\*

*Clenpiq, Osmoprep, Suprep*  
sodium phosphate salts

### Diabetes

#### Insulins:

*Basaglar*

*Humalog*

*Humulin*

*Levemir*

*Levemir Flextouch*

*Lyumjev*

*Semglee YFGN*

#### Non-Insulins:

*Farxiga*  
dapagliflozin

*Xigduo XR*  
dapagliflozin/metformin

*Trulicity*  
dulaglutide

*Jardiance*  
empagliflozin

*Glyxambi*  
empagliflozin/linagliptin

*Trijardy XR*  
empagliflozin/linagliptin/  
metformin

*Synjardi, Synjardi XR*  
empagliflozin/metformin

*Tradjenta*  
linagliptin

*Jentadueto, Jentadueto XR*  
linagliptin/metformin

*Glucophage, Riomet*  
metformin, metformin ER

*Ozempic, Rybelsus*  
semaglutide

*Januvia*  
sitagliptin

*Janumet, Janumet XR*  
sitagliptin/metformin

### Estrogen replacement and other hormones

*Premarin*  
conjugated estrogen tablets

*Duavee*  
conjugated estrogen/  
bazedoxifene

*PremPhase, PremPro*  
conjugated estrogen/  
medroxyprogesterone

*Menest*  
esterified estrogen oral

*Covaryx, Covaryx HS, EEMT, EEMT HS*  
esterified estrogens/  
methyltestosterone

*Estrace*  
estradiol tablets

*Alora, Climara, Dotti, Estraderm, Lyllana, Menostar, Minivelle, Vivelle Dot*  
estradiol transdermal

*Femring*  
estradiol vaginal insert

*Divigel, Elestrin, EstroGel*  
estradiol, gel

*Evamist*  
estradiol, transdermal spray

*Activella, Amabelz*  
estradiol/norethindrone oral

*Combipatch*  
estradiol/norethindrone,  
transdermal

*Makena*  
hydroxyprogesterone caproate

*Provera*  
medroxyprogesterone

*Crinone, Prometrium*  
progesterone

### Gout

*Zyloprim*  
allopurinol

*Colcrys, Gloperba, Mitigare*  
colchicine

*Uloric*  
febuxostat

### Gum disease

*Arestin*  
minocycline

### Heart disease and stroke

#### Blood thinner medicines:

aspirin, 81 mg or 325 mg\*

heparin

*Eliquis*  
apixiban

*Aggrenox*  
aspirin/dipyridamole

*Yosprala*  
aspirin/omeprazole

*Plavix*  
clopidogrel

*Pradaxa*  
dabigatrin

*Fragmin*  
dalteparin

*Lovenox*  
enoxaparin

*Arixtra*  
fondaparinux

*Effient*  
prasugrel

*Xarelto*  
rivaroxaban

*Brilinta*  
ticagrelor

*Zontivity*  
vorapaxar

*Coumadin, Jantoven*  
warfarin

### High blood pressure medicines

#### ACE inhibitors and combinations:

captopril

moexipril

trandolapril

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*Lotensin, Lotensin HCT*  
benazepril

*Vaseretic, Vasotec*  
enalapril

*Monopril, Monopril HCT*  
fosinopril

*Prinivil, Prinzide, Zestoretic, Zestril*  
lisinopril

*Accupril, Accuretic*  
quinapril

*Altace*  
ramipril

**ACE receptor blockers and combinations:**

*Edarbi*  
azilsartan

*Edarbyclor*  
azilsartan/chlorthalidone

*Atacand, Atacand HCT*  
candesartan

*Teveten, Teveten HCT*  
eprosartan

*Avalide, Avapro*  
irbesartan

*Cozaar, Hyzaar*  
losartan

*Benicar, Benicar HCT*  
olmesartan

*Micardis, Micardis HCT*  
telmisartan

*Diovan, Diovan HCT*  
valsartan

**Beta blockers and combinations:**

acebutelol  
pindolol

*Tenoretic, Tenormin*  
atenolol

*Zebeta, Ziac*  
bisoprolol

*Trandate*  
labetalol

*Dutoprol, Kapspargo, Lopressor,*  
*Toprol XL*  
metoprolol

*Corgard*  
nadolol

*Corzide*  
nadolol/bendroflumethazide

*Bystolic*  
nebivolol

*Inderal LA, Inderal XL, InnoPran XL*  
propranolol

**Calcium channel blockers:**

felodipine

isradipine

nicardipine

*Norvasc*  
amlodipine

*Cardizem, Cardizem LA, Cartia XT,*  
*Tiazac ER*  
diltiazem

*Adalat CC, Procardia*  
nifedipine

*Sular*  
nisoldipine

*Calan, Verelan*  
verapamil

**Diuretics and combinations:**

chlorothiazide

chlorthalidone

hydrochlorothiazide

indapamide

*Midamor*  
amiloride

*Zaroxolyn*  
metolazone

*Aldactone*  
spironolactone

*Dyazide, Maxzide*  
triamterene/hydrochlorothiazide

**High blood pressure medicines, miscellaneous:**

hydralazine

*Tekturna, Tekturna HCT*  
aliskiren and combinations

*Caduet*  
amlodipine/atorvastatin

*Lotrel*  
amlodipine/benazepril

*Azor*  
amlodipine/olmesartan

*Tribenzor*  
amlodipine/olmesartan/  
hydrochlorothiazide

*Twynsta*  
amlodipine/telmisartan

*Exforge*  
amlodipine/valsartan

*Exforge HCT*  
amlodipine/valsartan/  
hydrochlorothiazide

*Coreg, Coreg CR*  
carvedilol

*Catapres, Clorpres*  
clonidine

*Cardura*  
doxazosin

*Byvalson*  
nebivolol/valsartan

*Minipress*  
prazosin

*Hytrin*  
terazosin

*Tarka*  
trandolapril/verapamil

**HIV Prevention**

*Truvada*  
emtricitabine/tenofovir\*,  
200 mg/300 mg

**Infection**

**Antifungals and Antiparasitics:**

benznidazole

*Mepron*  
atovaquone

*Impavido*  
miltefosine

*Lampit*  
nifurtimox

*Nebupent, Pentam*  
pentamidine

*Noxafil*  
posaconazole

**Malaria:**

chloroquine

mefloquine

primaquine

*Coartem*  
artemether/lumefantrine

*Malarone*  
atovaquone/proguanil

*Plaquenil*  
hydroxychloroquine

*Daraprim*  
pyrimethamine

**Virus:**

amantadine

*Zovirax*  
acyclovir

*Xofluza*  
baloxavir

*Famvir*  
famciclovir

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*Foscavir*  
 foscarnet  
*Cytovene*  
 ganciclovir  
*Prevymis*  
 letermovir  
*Tamiflu*  
 oseltamivir  
*Synagis*  
 palivizumab  
*Valtrex*  
 valacyclovir  
*Valcyte*  
 valganciclovir  
*Relenza*  
 zanamivir

### **Kidney disease, high phosphate levels**

*Eliphos, Phoslyra*  
 calcium acetate  
*Auryxia*  
 ferric citrate  
*Velphoro*  
 irson sucrose/  
 sucroferric oxyhydroxide  
*Fosrenol*  
 lanthanum  
*Renagel, Renvela*  
 sevelamer

### **Nausea and dizziness**

prochlorperazine  
 promethazine  
 trimethobenzamide  
*Emend*  
 aprepitant  
*Anzemet*  
 dolasetron  
*Marinol, Syndros*  
 dronabinol  
*Sancuso*  
 granisetron  
*Antivert*  
 meclizine  
*Zofran, Zofran ODT, Zuplenz*  
 ondansetron  
*Transderm-Scop*  
 scopolamine

### **Obesity**

benzphetamine  
 diethylpropion  
*Saxenda*  
 liraglutide  
*Belviq, Belviq XR*  
 lorcaserin  
*Contrave*  
 naltrexone/bupropion  
*Xenical*  
 orlistat  
*Bontril*  
 phendimetrazine  
*Adipex-P, Lomaira*  
 phentermine  
*Qsymia*  
 phentermine/topiramate  
*Wegovy*  
 semaglutide  
*Imcivree*  
 setmelanotide acetate

### **Preeclampsia**

aspirin, 81 mg\*

### **Pregnancy\***

Birth control medicines  
 taken by mouth

### **Birth control devices:**

diaphragms, skin patch systems,  
 injectable birth control,  
 intrauterine systems, and implants

### **Smoking-cessation therapy\***

*Zyban*  
 bupropion  
*Nicotrol*  
 nicotine products  
*Chantix*  
 varenicline

### **Ulcer disease**

#### **H2-antagonists:**

cimetidine  
*Pepcid*  
 famotidine  
*Axid*  
 nizatadine  
*Zantac*  
 ranitidine

### **Miscellaneous agents:**

*Pylera*  
 bismuth/metronidazole/  
 tetracycline  
*Cytotec*  
 misoprostol  
*Carafate*  
 sucralfate

### **Proton pump inhibitors:**

*Nexium*  
 esomeprazole  
*Prevacid*  
 lansoprazole  
*Prilosec*  
 omeprazole  
*Protonix*  
 pantoprazole  
*Aciphex*  
 rabeprazole

### **Vitamins or minerals, low levels of calcium**

calcium  
 folic acid, 0.4 to 0.8 mg\*  
 iron\*  
 magnesium  
 multivitamin products  
 potassium bicarbonate/citric acid  
 potassium chloride  
 prescription prenatal vitamins  
 vitamins: A, B, B1, B6, B12, D, K  
 zinc

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